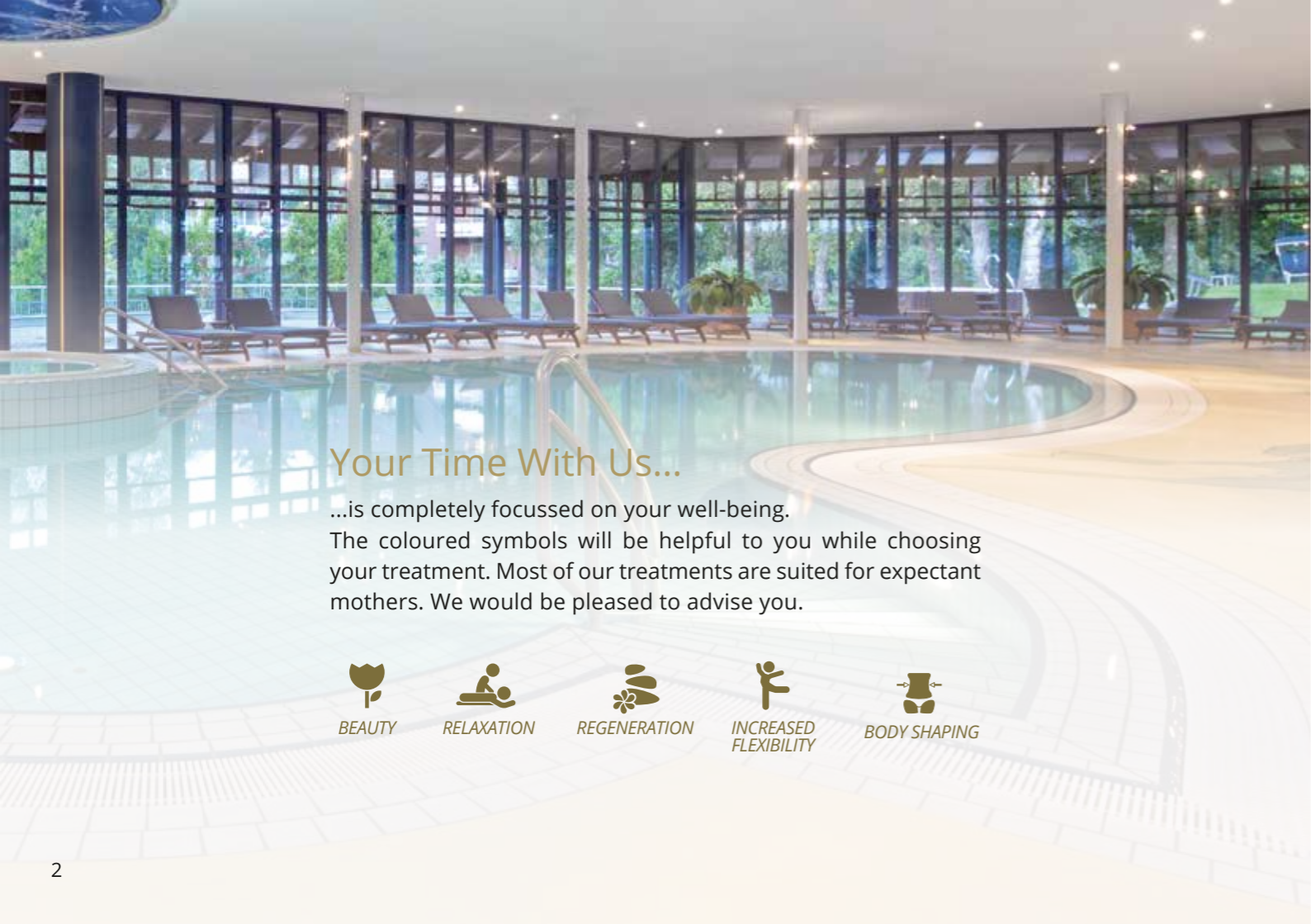




HOFFMANN

Beauté &
PHYSIOTHERAPIE
seit 1989

Health & Beauty



Your Time With Us...

...is completely focussed on your well-being.
The coloured symbols will be helpful to you while choosing your treatment. Most of our treatments are suited for expectant mothers. We would be pleased to advise you.



BEAUTY



RELAXATION



REGENERATION



INCREASED
FLEXIBILITY



BODY SHAPING

We help you to feel relaxed

Our team treats you seven days a week.
Spoil yourself with high quality Babor and Thalgo products.

~ consultation and appointments ~

We will be pleased to advise you under the supervision of our Spa Manager Roland Hoffmann.

Please contact us by telephone or send us an email:

Fon: +49 (0) 7652 127-343

E-mail: wellness@parkhoteladler.de.

Kindly book your preferred date before arriving.

~ hair dresser ~

Please fix your appointment with master stylist Sylke Henkel between 9:00am and 6:00pm

Fon: +49 (0)7652 127-337

(closed on Wednesdays and Sundays,
open on Saturday until 2:00pm)

~ Öffnungszeiten des Wellness Pavillons ~

wellness & beauty reception	10:00 am - 9:00 pm
indoor swimming pool and gym	07:00 am - 9:00 pm
outdoor swimming pool	seasonal
sauna	01:00 pm - 09:00 pm

HOFFMANN

Beauté &
PHYSIOTHERAPIE
seit 1989



slh.com

Dazzingly beautiful

SeaCreation Treatment 🍷 🍷 🧑

Effective Wave

Luxury that goes under your skin.

Treat your skin a luxurious deep sea expedition. The new, highly effective substances from the depths of the sea pervade your skin - you will feel this in every treatment phase of the SeaCreation luxury treatment.

Your skin looks radiant and youthful.

approx. 110 minutes.

€ 210,00

ReVersive Anti-Aging Treatment 🍷 🍷 🧑

Has a regenerating, firming and smoothing effect.

Luxurious anti-aging care that gives your skin a new youthfulness and fresh radiance.

approx. 100 minutes.

€ 160,00

additional bookings:

eyelash tinting:

€ 16,00

eyebrow tinting:

€ 16,00

depilation: face - upper lip/chin:

price upon request

Intensive treatment with ampoules during a facial

Highly effective active substances with 3 BABOR ampoules:

€ 15,00



Bring A Fresh Glow Onto Your Face

HSR LIFTING

- Extra Firming Treatment including fleece mask 🍷 🧑

Top-class beautifying highlight with a beneficial massage.

A special luxury care with immediate and visible lifting effect, extensive anti-aging and a long-term youthful radiance.

approx. 80 minutes.

€ 126,00

approx. 55 minutes.

€ 86,00

Specially for men 🍷 🧑

New energy and vitality

Facial care and anti-stress head massage for a fresh and energized complexion.

approx. 80 minutes.

€ 114,00

approx. 55 minutes.

€ 74,00

Dr. Babor - Facial Treatments 🍷 🧑

NEURO SENSITIVE CELLULAR Treatment

For very sensitive / very dry skin

approx. 80 minutes.

€ 118,00

approx. 55 minutes.

€ 78,00

PURITY CELLULAR Treatments

Helpful for skin blemishes. For a smooth, firm and regenerated skin appearance.

approx. 80 minutes.

€ 118,00

approx. 55 minutes.

€ 78,00

DERMA CELLULAR Treatment

For dry, devitalized skin

approx. 80 minutes.

€ 118,00

approx. 55 minutes.

€ 78,00

Make Up

day make-up 🍷

evening make-up 🍷

bridal make-up 🍷

including consultation and test make-up

from € 28.00 up

from € 38.00 up

price upon request

from € 130.00 up

Beautiful hands - beautiful feet

manicure approx. 45 minutes 🍷

pedicure approx. 50 minutes 🍷

polish 🍷

peeling, hand pack and special creme

€ 50,00

€ 56,00

from € 6.00 up

€ 18.00

Depilation

body – underarm / bikini line / back

price upon request

Skin analysis 🍷

You can only give optimum care and protection to your skin when knowing it thoroughly. A professional high tech skin analysis with the “BABOR - Derma Visualizer” can capture zoom images up to 80 times and thus helps to find out the needs of your skin. On the screen you can see whether your skin has received optimal care or is too dry, insufficiently protected or even irritated.

approx. 30 minutes,

€ 20.00

When purchasing products the skin analysis price will be credited.

Awareness Of Your Body

Indocéane ~ wellness trip 🍷 🧘

A pleasant ritual for your whole body that replenishes your energy reserves and gives you vital relaxation. Starting in the Mediterranean with a sugar-salt-citrus fruit-oil you will be lead to Egypt in a milk bath with gold dust and oriental fragrances and even further to India with a vitalizing special massage with Ayurvedic and Asian massage techniques, your journey then ending in China with a nourishing, moisturizing, vitalizing and pleasantly fragranced body pack.

approx. 110 minutes,

€ 144.00

Full-body peeling and Lomi Lomi 🍷 🧘

Velvety skin and total relaxation in combination with a peeling and a Hawaiian oil massage.

approx. 105 minutes,

€ 128.00

Full-body peeling & pure moisture 🍷 🧘

Indulge in a full-body treatment, gently removing dead skin particles. Your skin will be nourished with a rich pack.

approx. 55 minutes,

€ 72.00

Full-body peeling 🍷 🧘

An individual peeling meeting the needs of your skin

approx. 25 minutes,

€ 38.00

Meerschaum peeling 🍷 🧘

Mild peeling for sensitive skin

approx. 25 minutes,

€ 38.00

Wellness Packages

Hammrock feeling 🍷 🧑🏻

This treatment has the effect of „a day at the sea“.
meerschaum full-body peeling approx. 20 minutes
full-body massage with scented oil approx. 50 minutes
relaxing facial treatment with refreshing mask approx. 40 minutes
in combination approx. 110 minutes, € 155.00

Detoxification 🍷 🧑🏻 🧴

We all know the feeling of a 'heavy body' and inflexible limbs. It would be wonderful to be cleansed and purified again. We offer you 4 treatments:
· algae bath, approx. 25 minutes
· lymph drainage approx. 50 minutes
· algae compression approx. 40 minutes
· foot reflexology approx. 40 minutes
in total approx. 155 minutes (bookable for a travel period of at least 2 nights), € 206.00

Feel like a Hollywood star

Manicure with regenerating pack for your hands
Pedicure with relaxing foot massage. Plus a glass of champagner...
in combination approx. 125 minutes, € 130.00

A Wonderful Time Together

One day feeling like King and Queen 🍷 🧑🏻 🧑🏻

Let yourselves be pampered with a BABOR HSR facial care, a mask for your hands, a beneficial and relaxing full-body massage and treat yourselves with a glass of champagner!
2 masseurs (m/f), treatment for 2 persons, approx. 110 minutes, € 318.00
1 masseur (m/f), treatment for 1 person, approx. 110 minutes, € 168.00

Partner massage 🧑🏻 🧑🏻

Enjoy shared time of relaxation with a full-body massage and 2 masseurs (m/f) treating you at the same time.
2 masseurs (m/f), treatment for 2 persons, approx. 50 minutes, € 134.00

Lomi Lomi - partner massage 🧑🏻 🧑🏻

Oils will be rubbed in with gentle Hawaiian massage techniques.
Your body and nervous system will be sensitized, relaxed;
strengthening your immune system. You will feel rejuvenated and lively.
2 masseurs (m/f), treatment for 2 persons including rest period, approx. 80 minutes, € 198.00

Detoxification Treatments with Algae

THALGO
LA BEAUTE MARINE

Thalasso ~ pure detoxification 🧖🧴🌿

An intense full-body peeling with sea salt and algae powder opens the pores of the skin and prepares for detoxification. To be followed by a warming and beneficial full-body algae pack. To be followed by a full-body moisturising mask. You will be feeling regenerated and more energetic.

approx. 65 minutes, € 86.00
approx. 50 minutes without peeling, € 76.00
cure of all 3 components, € 218.00

Thalasso ~ Goodbye to Exhaustion 🧖🧴🌿

An intense full-body peeling with sea salt and algae powder opens the pores of the skin. The body pack with warmed-up, pure sea mud peeling from the depths of the Dead Sea has a relaxing, remineralising and skin-tightening effect and stimulates the circulation. This treatment can also be used if you tend to have allergies or skin problems.

approx. 65 minutes, € 86.00
approx. 50 minutes without peeling, € 76.00
cure of all 3 components, € 218.00

Soft face peeling and mask during a Thalasso pack € 18,00

Relaxing bath in the whirl-bathtub 🧖🧴

Choose between the following bath essences:

~ perfumed bath salts	~ nourishing oils	~ algae bath
~ exquisite milk bath	~ alkaline bath	~ lagoon water „plaisir bleu“
approx. 25 minutes,		€ 34.00

Light Legs, Body Shaping Treatments

Performance ~ Body Shaping Treatment 🧖🧴🌿

Intensive treatment for a natural body. An active oxygen pack stimulates. Two highly effective concentrates tighten your body and ensure in connection with a 'Perfect Sculpt' massage sustainable results.

legs approx. 45 minutes, € 56.00
belly, buttocks approx. 40 minutes, € 50.00
all components approx. 80 minutes, € 98.00

Frigi-THALGO compress 🧖🧴🌿

A cooling compress for light legs which is soaked in a algae-camphor-menthol solution tones the tissue and combats cellulite areas and saddle bags. Heavy legs will be vitalized and excess water be removed.

approx. 55 minutes, € 60.00
all 3 components € 166.00

Recharge Your Batteries - A Better Health

 Craniosacral Therapy   (Please book this treatment in advance.)

Especially for problems in the area of neck, spine, shoulder, hip, knee and tennis elbow. Releases tension and increases the flexibility of your spine. This therapy also has a vitalizing and strengthening effect.
approx. 75 minutes (no massage), € 94.00

 Biodynamic Body Treatment   (Please book this treatment in advance.)

Highly effective treatment if you suffer from whiplash injury, burnout syndrom, slipped disc, tinnitus, chronic diseases. Activates your energy flow and relaxes genuinely.
approx 75 minutes (no massage), € 94.00



Lomi Lomi Massage 

Holistic relaxation and strengthening of the immune system.
Oils will be gently massaged into the skin using Hawaiian massage techniques. Positive effect.


massage including rest period for 1 person, approx. 80 minutes, € 104.00
massage including rest period for 2 persons, approx. 80 minutes, € 198.00

 Muscle-Reflexology Treatment by Roland Hoffmann  

This therapy was developed empirically. Tense muscles and pain which have its origin due to wrong patterns of activity will be relieved by activating the reflex relations of the string of muscles concerned. Increases the statics of your body as well as your flexibility.
approx. 75 minutes, € 94.00

 Polarity  

Exhaustion and stress-related restlessness often cause disturbances of energy flow in the body, which may even result in possible blockages. The Polarity Treatment reactivates the energy flow by means of body work and discussion monitoring. Connecting with your body, mind and spirit will lead to a deeper knowledge of who you are.
approx. 55 minutes, € 78.00

 Please book this treatment in advance.

Awareness of Life - Regenerating Massages

Black Forest Brush Enjoyment 🧖🧴🌿

Vitalizing through deep relaxation, regeneration for your skin.

You'll get an effective massage with original "Black Forest Brushes" so that your skin will be better supplied with blood, followed by a body rub with Black Forest St. John's wort. Afterwards you will take a bath with Black Forest herbs in our Massage-Whirl-bathtub.

approx 60 minutes, 75.00 €

Aroma Oil Massage 🧖🧴

Gentle full-body massage with oils specially chosen for you in order to relax and release.

approx 55 minutes, 66.00 €

The Magic of Hot Stones 🧖🧴

The massage with hot lava stones warms your whole body and helps you to deeply relax. The stones slide along your energy channels, your muscular system will be soothed.

approx 60 minutes, 88.00 €

Power of Plants - Herb Stamp Massage 🧖🧴🌿

Muscular tensions will be relieved effectively with hot plant stamps. We use the stamps on your back by patting, stroking and putting pressure on hardened muscles. The hot herb steam envelops you in soothing fragrances, releasing blockages and stress.

whole body approx. 55 minutes including rest period 78.00 €

back approx. 40 minutes incl. rest period 58.00 €

Ayurveda Treatments

Classic Abhyanga Massage 🧖

Full-body oil massage, execution with soft and different pressures.

short treatment approx. 55 minutes, € 76.00

classic treatment approx. 80 minutes, € 92,00

Forehead Shower ~ Shirodara 🧖

Soft partial body massage and warm forehead shower

approx. 80 minutes, € 104.00

Die Königsform 🧖

full-body oil massage with forehead shower

approx. 110 minutes, € 148.00

Dream Journey 🧖

Soft neck and head massage with special massage techniques stimulating the marma spots. An intense facial completes this treatment.

approx. 50 minutes, € 76.00

Into The Water (Garshan Treatment) 🧖🧴🌿

You will be brushed with special gloves made of untreated natural silk (Garshan).

This stimulates the lymph circulation and the metabolism. Relieves blockages. Good remedy for water retention. A subsequent oil massage completes this treatment.

approx. 25 minutes, € 38.00

Massages

Full-body massage 🧘 🙏 🌿

Releases muscle tension, has a positive effect on the blood flow and thus affecting the deepest tissue layers. Very beneficial.
approx. 55 minutes including rest period,

€ 64.00

thermal pack during treatment 🧘

€ 8,00

Back massage 🧘 🙏 🌿

Optimal and effective help if suffering from tensions in the back, neck and shoulder area.
approx. 25 minutes,
approx. 40 minutes,

€ 36.00

€ 52.00

Natural mud pack for your back 🧘

Thermal pack for the back for supporting the metabolism and the bloodflow.
approx. 25 Min.

€ 22,00

Foot reflexology 🧘 🙏 🌿

Activating of self-healing powers and energy flow.
approx. 55 minutes including rest period,
approx. 40 minutes including rest period,

€ 68.00

€ 54.00

Massage with the Relaxing Roll 🧘 🙏 🌿

Humid warmth dissolves hardenings in a pleasant way.
The follow-up massage results in relaxation in the affected areas.
whole body - approx. 65 minutes including rest period,
back and arms - approx. 55 minutes including rest period,
back - approx. 40 minutes including rest period,

€ 84.00

€ 68.00

€ 54.00

Physiotherapy

Lymph drainage 🧘 🙏 🌿

Provides intense body tissue cleansing, activates immune system and relaxes the whole body. Also serves as oedema therapy.
full-body treatment - approx. 50 minutes including rest period,

€ 70.00

partial treatment 🧘 🙏 🌿

approx. 25 minutes,

€ 36.00

Physiotherapy 🙏 🌿

Limited mobility of joints, tension of head and neck, tired or painful back, shortened tendons. We help you to improve your health with targeted physiotherapeutic measures.
approx. 30 minutes,

€ 36.00

Combination of physiotherapies 🙏 🌿

A physiotherapeutic treatment adjusted to your needs and followed by a massage.
approx. 55 minutes,

€ 70.00



Day SPA

Discover the SPA area

one-day entry with partial massage, 25 minutes, € 60.00

One Day of Relaxation

one-day entry

with full-body massage (50 minutes)
and facial (50 minutes),

€ 148.00

Opening hours for Day Spa guests

10:00 am - 07:00 pm. Please book in advance

Wellness Vouchers

We will provide you with vouchers according to your wishes and will gladly help you on the phone +49 (0) 7652 127-343.

Adlerplatz 3 · D-79856 Hinterzarten-Südschwarzwald

E-Mail wellness@parkhoteladler.de · www.parkhoteladler.de

